

IRISS Short Breaks Survey Codebook 2012

No.	Variable Code	Variable meaning	Values
1	Carefor	Q 1. Who do you care for in your capacity as a carer?	1 = My Partner/ Husband/Wife 2 = My child over the age of 18 3 = My child under the age of 18 4 = My brother/sister 5 = A parent 6 = A parent-in-law 7 = A grandparent 8 = A friend/neighbour 9 = Other 10 = Brother/sister and a parent 11 = Child over the age of 18 and a parent 12 = A parent and parent-in-law 13 = A partner and a parent 14 = A partner and child over the age of 18 15 = A partner and friend 16 = A partner and sibling 17 = Child under the age of 18 and a parent 18 = A partner and a parent-in-law 19 = Child over the age of 18 and sibling 20 = A partner and child under the age of 18 21 = Child under the age of 18, sibling, a parent and a friend/neighbour 22 = Child over the age of 18, child under the age of 18 and a parent-in-law 23 = Sibling and a parent 24 = Sibling and a grandparent
2	Careforother	The "other" from the question above	
3	Carerhowlong	Q 2. Approximately how long have you been a carer?	1 = Less than 6 months 2 = 6 months – 1 year 3 = 1 year to less than 3 years

			<p>4 = 3 years to less than 5 years 5 = 5 years to less than 10 years 6 = 10 years to less than 15 years 7 = 15 years to less than 20 years 8 = 20 years or more</p>
4	Howlong	Q 3. On average, how long do you spend each week looking after or helping the person/s you provide care for?	<p>1 = 0 – 19 hours per week 2 = 20 – 34 hours per week 3 = 35 – 49 hours per week 4 = 50 – 99 hours per week 5 = 100 or more hours per week 6 = Other</p>
5	Howlongother	The “other” from the question above	
6	Category	Q 4. Which of the following categories apply to the person(s) you provide care to.	<p>1 = Living with a sensory disability 2 = Living with a learning disability 3 = Living with Autism or Asperger 4 = Living with a physical disability 5 = Living with mental health 6 = Living with a long term condition 7 = Living with drug/alcohol related difficulties 8 = Problems related to old age 9 = Other 10 = Sensory dis and physical dis and old age 11 = Sensory dis, physical dis, mental health and old age 12 = Learn dis, physical dis and old age 13 = Learn dis, physical dis, mental health and long term 14 = Physical dis and mental health 15 = Sensory dis, mental health and old age 16 = Long term and old age 17 = Learn dis and mental health 18 = Physical dis and drug/alcohol 19 = Mental health and long term</p>

			<p>20 = Sensory dis and old age</p> <p>21 = Physical dis and old age</p> <p>22 = Physical dis, mental health, long term, drug/alcohol and old age</p> <p>23 = Learn dis, mental health, long term and drug/alcohol</p> <p>24 = Sensory dis, physical dis, long term and old age</p> <p>25 = Physical dis, mental health and long term</p> <p>26 = Physical dis, mental health and drug/alcohol</p> <p>27 = Mental health and old age</p> <p>28 = Learn dis and physical dis</p> <p>29 = Physical dis and long term</p> <p>30 = Mental health, long term and old age</p> <p>31 = Learn dis, physical dis and long term</p> <p>32 = Physical dis, mental health, long term and old age</p> <p>33 = Sensory dis, physical dis and long term</p> <p>34 = Learn dis and long term</p> <p>35 = Physical dis, long term and old age</p> <p>36 = Sensory dis, learn dis, Autism/asp, mental health and long term</p> <p>37 = Sensory dis and long term</p> <p>38 = Sensory dis, learn dis and autism/asp</p> <p>39 = Sensory dis, learn dis and physical dis</p> <p>40 = Learn dis, autism/asp, mental health and long term</p> <p>41 = Learn dis, long term and drug/alcohol</p> <p>42 = Learn dis, autism/asp, physical dis and long term</p> <p>43 = Sensory dis and learn dis</p> <p>44 = Autism/asp and mental health</p>
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7	Categoryother	The "other" from the question above	
8	Persocaaffect1	<p>Q 5. How, if at all, have the following aspects of your personal/social life been affected as a result of being a carer?</p> <p>- Your physical wellbeing</p>	<p>1 = Positively affected</p> <p>2 = No change</p> <p>3 = Negatively affected</p> <p>4 = Not Sure/Not applicable</p>
9	Persocaaffect2	- Your mental wellbeing	<p>1 = Positively affected</p> <p>2 = No change</p> <p>3 = Negatively affected</p> <p>4 = Not Sure/Not applicable</p>
10	Persocaaffect3	- Your career	<p>1 = Positively affected</p> <p>2 = No change</p> <p>3 = Negatively affected</p> <p>4 = Not Sure/Not applicable</p>
11	Persocaaffect4	- Your education	<p>1 = Positively affected</p> <p>2 = No change</p> <p>3 = Negatively affected</p> <p>4 = Not Sure/Not applicable</p>
12	Persocaaffect5	- Your family life	<p>1 = Positively affected</p> <p>2 = No change</p> <p>3 = Negatively affected</p> <p>4 = Not Sure/Not applicable</p>
13	Persocaaffect6	- Your friendships	<p>1 = Positively affected</p> <p>2 = No change</p> <p>3 = Negatively affected</p> <p>4 = Not Sure/Not applicable</p>

14	Persocaaffect7	- Your financial situation	1 = Positively affected 2 = No change 3 = Negatively affected 4 = Not Sure/Not applicable
15	Persocaaffect8	- Your opportunity to pursue personal interests/hobbies	1 = Positively affected 2 = No change 3 = Negatively affected 4 = Not Sure/Not applicable
16	Hadbreak	Q 6. Have you ever had a short break/respice from caring?	1 = Yes 2 = No
17	Breakable	Q 7. During your time as a carer which of the following have contributed to you being able to take a short break/respice from caring?	1 = Employers 2 = Direct payment/self directed support 3 = Social work services 4 = Voluntary organisations 5 = Friends/family 6 = Health services 7 = Other 8 = Social work services and friends/family 9 = Social work services and voluntary organisations 10 = Vol orgs and friends/family 11 = Social work and health 12 = Social work, voluntary organisations and health 13 = Direct payment and social work 14 = Direct payment, social work and voluntary organisations 15 = Direct payment and family/friends 16 = Vol orgs and health 17 = Direct payment, social work and family/friends 18 = Friends/family and health 19 = Social work, vol org and friends/family

			20 = Direct payment, vol org and friends/family 21 = Employers and friends/family 22 = Social work, friends/family and health 23 = Vol orgs, friends/family and health 24 = All in the box
18	Breakother	The "other" from the question above	
19	Howmanytimes1	Q 8. Approximately, how many times have you used the following services over the last 12 months to take a short break/respite from caring? - Nursing/residential home - no. of times	
20	Howmanytimes2	- Nursing/residential home	1 = Each week 2 = Each month 3 = Over the last 12 months
21	Howmanytimes3	- NHS hospital – no. of times	
22	Howmanytimes4	- NHS hospital	1 = Each week 2 = Each month 3 = Over the last 12 months
23	Howmanytimes5	- Arranged holiday at a specialist venue – no. of times	
24	Howmanytimes6	- Arranged holiday at a specialist venue	1 = Each week 2 = Each month 3 = Over the last 12 months
25	Howmanytimes7	- Stay with a volunteer – no. of times	
26	Howmanytimes8	- Stay with a volunteer	1 = Each week 2 = Each month 3 = Over the last 12 months
27	Howmanytimes9	- Stay with relatives or friends – no. of times	
28	Howmanytimes10	- Stay with relatives or friends	1 = Each week 2 = Each month 3 = Over the last 12 months
29	Howmanytimes11	- Friend or relative staying with person cared for – no. of times	
30	Howmanytimes12	- Friend or relative staying with person cared for	1 = Each week 2 = Each month 3 = Over the last 12 months

31	Howmanytimes13	- Befriender spending time with person cared for – no. of times	
32	Howmanytimes14	- Befriender spending time with person cared for	1 = Each week 2 = Each month 3 = Over the last 12 months
33	Howmanytimes15	- A holiday taken together with additional support – no. of times	
34	Howmanytimes16	- A holiday taken together with additional support	1 = Each week 2 = Each month 3 = Over the last 12 months
35	Howmanytimes17	- Attending clubs/play schemes – no. of times	
36	Howmanytimes18	- Attending clubs/play schemes	1 = Each week 2 = Each month 3 = Over the last 12 months
37	Howmanytimes19	- Having a home based service – no. of times	
38	Howmanytimes20	- Having a home based service	1 = Each week 2 = Each month 3 = Over the last 12 months
39	Howmanytimesother	The “other” from the question above	
40	Levelofbreaks	Q 9. Has the level of short breaks you received in over the last two years:	1 = Increased 2 = Decreased 3 = Stayed the same
41	Resonforchange1	Q 10. If the level of short breaks has increased or decreased, what do you think are the reasons for this change?	1 = Question answered 2 = Question not answered
42	Reasonforchange2	Written answer to the question above	
43	Breaksatisfied1	Q 11. How satisfied were you with the following aspects of your short breaks? - The choice of short break available to you	1 = Very satisfied 2 = Satisfied 3 = Dissatisfied 4 = Very Dissatisfied 5 = Not applicable
44	Breaksatisfied2	- The help you received to make arrangements for the break	1 = Very satisfied 2 = Satisfied 3 = Dissatisfied 4 = Very Dissatisfied 5 = Not applicable

45	Breaksatisfied3	- The quality of the short break experience	1 = Very satisfied 2 = Satisfied 3 = Dissatisfied 4 = Very Dissatisfied 5 = Not applicable
46	Breaksatisfied4	- The length of the short break experience	1 = Very satisfied 2 = Satisfied 3 = Dissatisfied 4 = Very Dissatisfied 5 = Not applicable
47	Breaksatisfied5	- The frequency of short breaks	1 = Very satisfied 2 = Satisfied 3 = Dissatisfied 4 = Very Dissatisfied 5 = Not applicable
48	Breakimprove1	Q 12. Was there anything that could have been improved around your short break/respite care experience?	1 = Question answered 2 = Question not answered
49	Breakimprove2	Written answer to the question above	
50	Nexttwoyears1	Q 13. Over the next two years, do you anticipate that the following aspects of short breaks/respite will get better, worse or stay the same? - The choice of short break available to you	1 = Better 2 = Stay the same 3 = Worse 4 = Not sure
51	Nexttwoyears2	- The help you receive to make arrangements for the breaks	1 = Better 2 = Stay the same 3 = Worse 4 = Not sure
52	Nexttwoyears3	- The quality of the short break experience	1 = Better 2 = Stay the same 3 = Worse 4 = Not sure
53	Nexttwoyears4	- The frequency of the short breaks	1 = Better 2 = Stay the same 3 = Worse

			4 = Not sure
54	Futureservice1	Q 14. Are there any services/supports you would like to access in the future?	1 = Question answered 2 = Question not answered
55	Futureservice2	Written answer to the question above	
56	Nobreakwhy1	Q 15. If you have not had a short break/respice, please indicate any reasons why	1 = We do not require it 2 = I do not know how to access short breaks/respice 3 = What was offered was not suitable for our needs 4 = Have asked for a break but have been declined financial support 5 = Have not taken up the offer of a short break due to financial constraints 6 = We are on the waiting list to receive a break 7 = Other 8 = Don't know how to access, financial constraints and on a waiting list 9 = not suitable for our needs and declined financial support 10 = We do not require it and don't know how to access it
57	Nobreakwhy2	Time on the waiting list (extension to point 6)	
58	Nobreakwhyother	The "other" from the question above	
59	Age	Q 16. IN which of these age groups do you belong?	1 = Under 18 2 = 18 – 24 3 = 25 – 34 4 = 35 – 44 5 = 45 – 59 6 = 60 – 69 7 = 70+ years
60	Gender	Q 17. Are you male or female?	1 = Male 2 = Female
61	Postcode1	Q 18. What is your postcode	

62	grouppost		1= 2=
63	Ethnicity	Q 19. Which one of these best describes your ethnicity?	1 = White Scottish 2 = White English 3 = White Irish 4 = White Welsh 5 = Any other white background 6 = Mixed white and black Caribbean 7 = Mixed white and black African 8 = Mixed white and Asian 9 = Any other mixed background 10 = Asian Indian 11 = Asian Pakistani 12 = Asian Bangladeshi 13 = Any other Asian background 14 = Black Caribbean 15 = Black African 16 = Any other Black background 17 = Other
64	Ethnicityother	The "other" from the question above	
65	Work	Q 20. Which of the following best describes your work status?	1 = Full-time paid work (30+ hours per week) 2 = Part-time paid work (8 – 29 hours per week) 3 = Part-time paid work (under 8 hours per week) 4 = Retired 5 = Student 6 = Self-employed 7 = Unemployed (seeking work) 8 = Not in paid employment (not seeking work) 9 = Would like to work but unable to due to caring responsibilities 10 = Other
66	Workother	The "other" from the question above	

67	Participate	If you were willing to participate please tick here	1 = Ticked 2 = Not ticked
68	Name		
69	Address		
70	Postcode2		
71	Daynum		
72	Evenum		
73	email		
74	Completed	Was this questionnaire completed online or not?	1 = Online 2 = Offline – paper copy
75	BME	Is this questionnaire from a member of the BME community	1 = Yes 2 = No