

#WMTUS19

What Matters to Us

CONFERENCE

20 MARCH 2019

AYRSHIRE COLLEGE
KILMARNOCK CAMPUS



ALLIANCE
HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND
people at the centre



WHAT MATTERS TO US

WELCOME TO THIS NATIONAL CONFERENCE FOR

final year HN students destined for a career in social care and early years and for staff in these subject areas.

This event will provide opportunities for you to hear from inspiring speakers and take part in topical workshops at this key point in students' transition. The conference has an eye to the future, with key themes around person-centred and person-led care, and on the key skills of leadership and partnership-working which will equip all future practitioners to provide more holistic support.

The day will provide inspiration from service users and carers on their hopes for the future of care and support. There will also be opportunities to come together with peers, on exciting workshop topics, and take part in discussions. Over lunch there will be a marketplace of stalls, supporting your career development, and allowing you to grab some useful materials!

This conference is partnership between Iriss, the Scottish Social Services Council, College Development Network, Early Years Scotland, the ALLIANCE, University of the West of Scotland and representatives from the college sector, including our host for the day, Ayrshire College.

Participants will be able to apply for a SSSC Open Badge in recognition of their attendance and learning from the day. This can also be used by staff for CPD/post-registration training and learning requirements.

OPENING AND WELCOME

ANNE CAMPBELL, VICE PRINCIPAL: STRATEGY AND SKILLS

Anne has worked in the College sector for 19 years. She occupied various learning and teaching positions, in Inverclyde and Ayrshire, during her 13 years with James Watt College. Anne took up the position of Assistant Principal, at West College Scotland, in August 2013, following the merger of the Inverclyde Campuses of James Watt College with Reid Kerr and Clydebank Colleges. She was responsible for the areas of Care, Learner Development, Science, Social Science, Maths, Sport, Construction, Building Services, Motor Vehicle and Engineering. Anne was active with Inverclyde Chamber of Commerce where, until Jan 2019, she was Vice-President. Anne is Chair of College Development Network's Care Strategy steering group.

Anne took up the position of Vice Principal: Strategy and Skills, at Ayrshire College, on 1 March 2019.



 @AyrshireColl

AYRSHIRE COLLEGE

Ayrshire College is a large regional college covering the whole of Ayrshire. Its vision is to raise the aspirations of individuals and employers in the region, inspire achievement, and increase opportunities for the people and communities of Ayrshire.

WHAT LEADERSHIP MEANS TO ME

FIONA MCQUEEN, CHIEF NURSING OFFICER FOR SCOTLAND

Fiona is the Chief Nursing Officer for Scotland, a post she has held since 2014. Following graduation, her first clinical post was in neurosurgery and she has wide experience across many clinical areas, having practiced in Greater Glasgow as well as Lanarkshire and Ayrshire.

She was appointed to her first Executive Nurse Director post in 1993 in Lanarkshire, and from 1999 within NHS Ayrshire & Arran. In her board executive leadership roles she has had a range of accountabilities including, patient safety, healthcare governance, and person-centred care in addition to her professional leadership responsibilities.

In her current role, in addition to professional leadership, she has policy responsibility for Healthcare Associated Infection, Regulation of Healthcare Professionals and Allied Health Professions and Healthcare Science policy. Following publication of the Nursing Vision 2030, Fiona has a keen interest in supporting improved staff health and wellbeing.

Fiona is an Honorary Professor with the University of the West of Scotland.



 @FionaCMcQueen

CHIEF NURSING OFFICER FOR SCOTLAND

The Chief Nursing Officer chairs the Scottish Executive Nurse Directors (CNO-SEND) group, which provides strategic leadership for all of Scotland's nursing and midwifery workforce, and is a member of the Health and Social Care Management Board.

The Chief Nursing Officer is supported by three Associate Chief Nursing Officers and a Chief Health Professions Officer who lead on professional advice and key work streams.



Scottish Government
Riaghaltas na h-Alba
gov.scot

THE BLACK BOX

CHRIS KILKENNY

Chris is a campaigner, activist and trainer who uses his lived experiences of adverse childhood experiences and being in the care system to provoke debate, and support positive change for those on the 'receiving end' of education and care services. Chris describes himself as 'a black box of the failed system' and attributes his ability to speak up and out for others on this.

Chris highlights the power of love and person-centred and relationship-based approaches to transform lives. He also works to increase people's understanding of poverty, and end current practices that stigmatise and exclude people from society, with this impacting life-long on their health, wellbeing and life chances.

Chris is also a member of the Edinburgh Poverty Commission, an independent group chaired by Jim McCormick of the Joseph Rowntree Foundation. The Commission works with those with direct experience of poverty to shape its work and thinking, and search for workable solutions. Even in wealthy cities like Edinburgh there are real pockets of poverty, and hidden poverty, including many people in work. Across Scotland, official 2014–17 figures show that 24% of children are living in relative poverty across Scotland, amounting to 230,000 children, and rising! The total number of people living in poverty in Scotland is 1,000,000.

Chris is a young Dad, and is passionate about achieving a better future for his son, and other children in Scotland. This is so everyone can realise their potential, and make use of their talents and skills.



 @KilkennyChris

EDINBURGH POVERTY COMMISSION

The Edinburgh Poverty Commission was launched in November 2018. It is made up of 12 members who will work together over the next year to understand the scale of poverty in Edinburgh, understand the impact poverty has on people's lives and find the long term changes the city needs to make to reduce and prevent poverty.

The commission will report its findings in Autumn 2019 after a series of meetings which will consider evidence of lived experience.

WORKSHOPS

01

AN EXPERIENTIAL INTRODUCTION TO MINDFULNESS

In this interactive workshop, we will explore the concept of mindfulness and how a regular mindfulness practice can greatly enhance our well-being by reducing stress and can be used as a proactive self-care approach. This will be demonstrated through a range of short guided practices.

*Workshop Facilitator:
Sandy MacLean, CDN*

02

WHAT MAKES YOUR LIFE ORDINARY?

One part of what makes your life ordinary will be the people you spend your time with. How is this experience different for disabled people and their families, and does it matter? Do traditional services help or hinder the quest to support disabled people to live an ordinary life, and how we can support them to achieve it?

Jenny is the parent of a disabled child, and Danielle is disabled herself. In this workshop we explore all these questions using our own experiences as examples, and discuss our ongoing journeys to achieve an ordinary life. We will also share how the Partners in Policymaking course helped us understand the important role disabled people and their families have in shaping services and advocating for positive change.

*Workshop Facilitators:
Danielle Farrel, Managing Director, Your Options Understood & Jenny Trott, Community Broker and YouTube Vlogger (both graduates of the Partners in Policymaking programme)*

03

WORKING WITH CHILDREN AFFECTED BY PARENTAL IMPRISONMENT

Come along to this workshop to gain an insight in to the services delivered by Early Years Scotland within seven prisons in Scotland. You will hear about the following sessions: Fathers' Programmes, Mothers' Programmes, Learning Together Through Play Sessions, Baby Massage Sessions, Pre-Visit Sessions. You will also hear about our Visitor centre at HMP Low Moss, our Fathers' Forum, and how we signpost to other agencies.

When you consider the following statistics, it clearly highlights the need to share the work being carried out in some of Scotland's prisons:

- 27,000 children are estimated to be affected by parental imprisonment in Scotland every year
- Children affected by parental imprisonment are twice as likely to experience mental health problems, and three times as likely to have had a history of poor living conditions and a poor employment record
- 40% of prisoners said support from their family, and 36% said that seeing their children, would help them stop re-offending in future

*Workshop Facilitators:
Jean Carwood-Edwards & Michele Doull,
Early Years Scotland*



PARALLEL SESSIONS

EACH WORKSHOP RUNS ONCE PER SESSION

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04

OPEN TO INTERPRETATION: EXPLORING ALZHEIMERS

HND Performing Arts Students at Ayrshire College have a passion for devising theatre. They wanted to create a piece about something relevant today and decided on the theme of Dementia, wanting to explore this very relevant topic that touches so many of us and our families. This encouraged the creation of a distorted image of reality and so Crumble was born.

Crumble is a 20 minute piece of theatre exploring Alzheimer's. It is entirely open to interpretation; there is no dialogue with the piece focusing solely on movement, physical theatre and music.

The performance will be followed by a Q&A session in which the performers will be happy to answer audience questions from a creative stance.

*Workshop Facilitators:
HND Performing Arts Students,
Ayrshire College*

05

EVERYDAY LEADERSHIP IN PRACTICE

Find out how four students from University of the West of Scotland (UWS) have shown leadership in their roles as frontline workers in social services. In the light of their leadership stories you will be encouraged to think about your own leadership capabilities. You will also be introduced to Scottish Social Services Council (SSSC) leadership learning resources, which are free to use and can earn you open badge awards and contribute to your ongoing professional development.

*Workshop Facilitators:
Lee Davidson, Jenna Ledgerwood, Claire McAllister and Carolann Neish from the BA Integrated Health and Social Care programme at UWS. John Yellowlees, SSSC Learning & Development Adviser*

06

PERSONALISATION AND SELF DIRECTED SUPPORT

This workshop will look at the legislation and history behind personalisation and self directed support. We will examine the difference between theory and reality and there will be an opportunity for questions and answers.

Ashleigh will testify to her reality of using an SDS budget and employing personal assistants.

*Workshop Facilitator:
Susan McGregor & Ashleigh Milroy,
Crossreach*

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PROGRAMME

10:00–10:30

REGISTRATION – COFFEE AND REFRESHMENTS

10:30–10:40

OPENING AND WELCOME

Anne Campbell

Vice Principal, Ayrshire College

10:40–11:00

WHAT LEADERSHIP MEANS TO ME

Fiona McQueen

Chief Nursing Officer Scotland

11:00–11:20

THE BLACK BOX

Chris Kilkenny

11:20–11:40

Q&A

11:40–11:55

TEA/COFFEE BREAK

11:55–12:40

WORKSHOP SESSION 1

Parallel sessions

12:40–13:20

LUNCH AND MARKETPLACE

13:20–14:05

WORKSHOP SESSION 2

Parallel sessions

14:05–14:30

CLOSE AND CELEBRATION

Includes performance from
Centrestage's Catalyst Voices Choir

