

COACHING

WHAT IT IS

Coaching is a collaborative, creative approach that provides you with the time and structure to learn, develop and find your own solutions to the challenges you face in your work.

WHY YOU MIGHT NEED IT

Changing systems and cultures is difficult. If you're a leader, manager or practitioner working on change and innovation in social work and social care, you'll experience a range of challenges. Coaching can provide a supportive, safe space to help you navigate these and lead change, no matter what your role is.

HOW IRISS CAN HELP

- **DEDICATED TEAM:** Our accredited coaches can provide in-person, and/or online, individual support.
- **BESPOKE SOLUTIONS:** We will work with you to create a flexible and bespoke plan for what you want to focus on.
- **PERSONAL GROWTH:** We will start with where you are, what strengths and assets are in place and support you to imagine what could be different.



For more information on Iriss's services in this area and how we could help you, please visit www.iriss.org.uk/services or contact us at:

services@iriss.org.uk