

## **FACILITATION**

## WHAT IT IS

Facilitation is the act of helping other people to deal with an activity or reach an agreement or solution without getting directly involved in the process or discussion. High quality facilitation is key in supporting teams to work well together, to explore specific pieces of work or goals, and to identify and overcome challenges to shared objectives.

## WHY YOU MIGHT NEED IT

There are many reasons a team might seek a facilitator: you might be starting a new piece of work, you might want to tackle a long standing challenge, you might want to explore an aspect of your work more deeply. When there are many voices in the room, these sessions can benefit from being supported by someone outside of your team. As well as bringing their objectivity, facilitators take the management and organisation of the discussion out of your hands, and allow you to focus on participating. Whether you are planning a one off team conversation, or a set of exploratory sessions, a facilitator can support you to stay on track and to reach key conclusions.

## **HOW IRISS CAN HELP**

- EXPERIENCED FACILITATORS: Having worked with a range of diverse teams we have an understanding of the typical challenges you might face and the conversations you might want to have.
- INTERACTIVE WORKSHOPS: We can help plan and design facilitation sessions online or in person, with you and your team.
- INCLUSIVE STRUCTURE: Our facilitators guide your team through conversations and tasks, focusing discussion around the topic or challenge you want to tackle while mediating and welcoming different opinions.
- AN OUTSIDE VIEW: Our team can ask key questions to move you forward in your work and identify what else you need to think about or understand.





For more information on Iriss's services in this area and how we could help you, please visit **www.iriss.org.uk/services** or contact us at:

services@iriss.org.uk