



## **ASP and Hoarding Information Pack for Council Officers Forum**

**This pack contains core resources e.g. on Professional Curiosity, that inform all ASP work. It also contains hoarding specific resources.**

# Guidance and Research

- Clutter Image Rating [Microsoft PowerPoint - cir pictures.ppt \[Compatibility Mode\] \(hoardingdisordersuk.org\)](#)
- [Hoarding disorder - NHS \(www.nhs.uk\)](#)  
Including: what it is; why someone may hoard; possible treatment.
- [Hoarding Academy](#) Including sections on learning; support; resource e.g., The British Psychological Society 'A Psychological Perspective on Hoarding' (2024).
- [What is hoarding? - Mind \(Including Helping someone who is hoarding - Mind\)](#)
- [Supported decision-making from the perspectives of mental health service users, family members supporting them and mental health practitioners | Request PDF \(researchgate.net\)](#)

# Videos

- [Bing Videos](#) Hoarding – What’s the psychology behind it? (1 minute 28 seconds)
- [Bing Videos](#) Why people with Hoarding Disorder Hang on to Objects (2 minutes 25 seconds)
- [Bing Videos](#) Causes of Hoarding Disorder (5 minutes 55 seconds)
- [Bing Videos](#) Tips for Family Members of Hoarding Disorder Sufferers (1 minute 55 seconds)
- [Bing Videos](#) Help for Spouses of Hoarding Disorder Sufferers (1 minute 49 seconds)
- [Bing Videos](#) What is Hoarding Disorder? | Is it different than OCD and Autism? (15 minutes 41 seconds)
- Watch this 14-minute and 12 seconds long video from Professor Michael Preston-Shoot, who talks about the relationship between self-neglect and hoarding here. [WSP SHORT Version of Self-Neglect & Hoarding Presentation with Professor Michael Preston-Shoot \(youtube.com\)](#)

# Lived Experience

- [Clare shares her experience of Hoarding Disorder to help raise awareness \(youtube.com\)](#) (1 minute 56 seconds)
- [Keith's story: a personal and touching film about hoarding \(youtube.com\)](#) (13 minutes and 34 seconds)
- [Bing Videos](#)- Tricia's Story (9 minutes and 13 seconds)
- [Bing Videos](#) – Nigel's Story (7 minutes 40 seconds)

# Trauma and Trauma Training

- Visit [Trauma – national trauma training programme | NHS Education for \(scot.nhs.uk\)](#) for learning resources and the knowledge and skills framework.

Please ensure you have the correct level of trauma training for your role.

- [Opening Doors: Trauma Informed Practice for the Workforce on Vimeo](#)
- [Sowing Seeds: Trauma Informed Practice for Anyone Working with Children and Young People on Vimeo](#)
- [A piece of the puzzle: Trauma Informed Practice in dementia care on Vimeo](#)
- [Adopting a Trauma-Informed Approach | Improvement Service](#)
- [Domestic abuse- and trauma-informed practice: companion document \(improvementservice.org.uk\)](#)
- [Alcohol and drug use and trauma-informed practice: companion document \(improvementservice.org.uk\)](#)
- [Mental health and trauma-informed practice: companion document \(improvementservice.org.uk\)](#)
- [Adverse Childhood Experiences \(ACEs\) and Trauma - gov.scot \(www.gov.scot](#)

# Defensible Decision Making

- [Decision making and social work in Scotland: The role of evidence and practice wisdom \(iriss.org.uk\)](http://iriss.org.uk)
- [Time, the Written Record, and Professional Practice: The Case of Contemporary Social Work - Theresa Lillis, Maria Leedham, Alison Twiner, 2020 \(sagepub.com\)](http://sagepub.com)
- [Using professional judgement and language in writing Archives - WiSPER \(writinginsocialwork.com\)](http://writinginsocialwork.com)
- [Bing Videos](#) (4 minutes and 25 seconds). Five tips to Improve Your Critical Thinking:
  1. Formulate your question
  2. Gather your information
  3. Apply the information
  4. Consider the implications
  5. Explore other points of view

Transferrable learning to support critical thinking in ASP work.

# Professional Curiosity

- [Bing Videos Professional Curiosity](#) (short version- 2 minutes)
- [Bing Videos Professional Curiosity](#) (full version- 27 minutes and 1 second)
- [Professional Curiosity \(angus.gov.uk\)](http://angus.gov.uk)
- [Professional curiosity – Caring Social Work \(wordpress.com\)](http://wordpress.com)
- [Exploring how practitioners support and protect ad.pdf](#) Exploring how practitioners support and protect adults at risk of harm in the light of the Adult Support and Protection (Scotland) Act 2007 (Especially Recommendations: Pg. 118-122)

# Barriers to Professional Curiosity

- [Professional Curiosity \(angus.gov.uk\)](https://www.angus.gov.uk) (includes outline of 10 barriers to professional curiosity)
- [Bing Videos](#) What is Confirmation Bias? (2 minutes 49 seconds) Some Barriers to Professional Curiosity
- [Sue Woolmore talks about disguised compliance and the importance of professional curiosity - Bing video](#) (4 minutes and 13 seconds)



# Code of Practice and Local Guidance

**Code of Practice** (Sections of particular relevance, e.g. on hoarding and on trauma should be read in conjunction with other sections which are not hoarding specific but are nonetheless relevant to the specific case e.g. Assessment Order) [adult-support-protection-scotland-act-2007-code-practice \(4\).pdf](#)

## Procedures:

- EMPPC Multi-Agency Protocol on Self-Neglect and Hoarding [Resources | emppc.co.uk](#)

This has much relevant guidance, including information on the Clutter Index Scale Rating.

# EMPPC Escalating Concerns Procedure

## When to Consider Using the Escalating Concerns Procedure?

If the adult does not meet the '3-point test', or any other legislative criteria, but are still at high levels of risk, the Council Officer should inform the referrer of the outcome of the DTI within one working day. At this stage, the referrer should be advised that they can make a referral under the Escalating Concerns Procedure. The referrer can obtain a copy of the referral form from the Council Officer or [emppo@eastlothian.gov.uk](mailto:emppo@eastlothian.gov.uk).

If the adult is already being risk managed under Adult Support and Protection Procedures, all risk management options within these procedures have been exhausted, and there is unanimous agreement that levels of risk remain high, a referral can be made by the Chair of the APCC, within one working day of the decision.

Find the procedure here:

[Resources | emppc.co.uk](https://emppc.co.uk/resources)

# ASpire Hub

- [ASpire Hub | Iriss](#)
- [Hoarding | Iriss](#)

The ASpire Hub, hosted by Iriss, is “a place to share resources and good practice in Adult Support and Protection”.

It has a range of resources across several different topics that could inform your ASP practice.

Please have a look!